

Instructions for Hair Removal, Skin Rejuvenation and Vein Therapy

- 1) No tanning for 48 hours and use sun block with SPF 45 or higher.
- 2) You will feel like your skin was sunburned. This usually lasts 1-3 hours.
- 3) If you suspect that your skin may have a slight burned appearance like a grease burn, then apply 1% hydrocortisone cream one time. It is also advised that you call the office and speak to Dr. Ortenzi.
- 4) If vein treatment by laser is on the leg, it is advised that you use a compression hose or a bandage for 3 days. This gives maximum effect.
- 5) If you received skin rejuvenation, expect the dark spots or hyper-pigmented areas to slough off in 5-7 days. They may get darker before they slough off.
- 6) If you have been treated for a condition called Rosacea, it will take up to 10 days to start looking better. One typically has more swelling when this condition is treated.
- 7) It is okay to wear make-up after any procedure. It is advised, though, that you place sun block on first.
- 8) If your skin looks bruised following a procedure, it will resolve in 5 – 10 days.
- 9) If bruising turns a rust or brown color, it may take longer to fade. (1-3 months)
- 10) It is advised to not get much sun exposure between treatments. In other words, it is advised that you avoid tanning beds or exposure to natural sun for extended periods of time. If this cannot be avoided, please use a 45 SPF sun block.